

AUTUMN MENU 2021

WEEK 1

Week commencing

06.09.21, 27.09.21, 18.10.21, 15.11.21, 06.12.21

Monday

Mild Chicken korma

Steamed rice & sweetcorn

Ice cream roll & butterscotch sauce

Tuesday

Sausages in onion gravy

Steamed potato & farmhouse vegetables

Lemon drizzle cake

Wednesday

Whole wheat pasta beef Bolognese

Crusty bread, carrots & peas

Jelly with fruit

Thursday

Baked gammon ham

Roast potatoes, cabbage, green beans & gravy

Somerset apple cake & cream

Friday

Breaded fish fingers

Chips & baked beans

Chocolate Mousse

WEEK 2

Week commencing

13.09.21, 14.10.21, 01.11.21, 22.11.21, 13.12.21

Monday

Baked sausage

Baked jacket potato wedges & baked beans

Fruit yogurt

Tuesday

Chicken & bacon pasta bake

Baked garlic bread & mixed vegetables

Fruit chocolate tray

Wednesday

Savoury minced beef & vegetables

Layered potatoes & farmhouse vegetables

Ice cream roll & strawberry sauce

Thursday

Meatballs in tomato sauce

Wholegrain steamed rice

Australian crunch & custard

Friday

Breaded fish cake

Chips, peas & tomato ketchup

Jelly with fruit

WEEK 3

Week commencing

20.09.21, 11.10.21, 08.11.21, 29.11.21

Monday

Chicken nuggets

Baked jacket potato wedges & baked beans

Fruit flapjack

Tuesday

Beef lasagne

Baked garlic bread, carrots & green beans

Jelly & fruit salad

Wednesday

BBQ style chicken & vegetables

Steamed vegetable rice

Pear & ginger sponge & custard

Thursday

Roast beef & gravy

Roast potatoes, broccoli & cauliflower

Cherry shortbread

Friday

Battered fish fillet

Chips, peas & tomato ketchup

Raspberry mousse